



## Group Cares Mission and Paint Your Heart Out New Bern Volunteer Opportunities

Thank you for your interest in volunteering with Group Cares Mission and Paint Your Heart Out New Bern. There are a variety of ways to volunteer in this city-wide event. A few volunteer opportunities are pressure washing/prep work, painting and home repair, hospitality kits, paint kits, and hospitality service.

### **Pressure Washing**

We are looking for groups or individuals who are willing to assist in pressure washing and painting preparation prior to the week of July 24<sup>th</sup>.

### **Painting and Home repair entails:**

- Painting during the week of July 24<sup>th</sup> for a full day or half a day
- Assisting with minor home repairs during the week of July 24<sup>th</sup>
- Assisting with yard work and debris removal

### **Hospitality Service entails:**

- Preparing and serving a light breakfast for Paint Your Heart Out volunteers as they arrive at check-in (ex: muffins, juice, doughnuts, fruit, breakfast bars, etc.)
- Preparing and serving lunch for Paint Your Heart Out volunteers (ex: sandwiches, chips, fruit, bag or box lunches, etc.)
- Preparing and serving an afternoon treat for Group Cares volunteers as they return to H.J. McDonald after a day of work (ex: ice cream sundaes, lemonade, cookies, etc.)
- Preparing and serving refreshments at the evening worship service at H.J. McDonald (ex: drinks, cookies, brownies, etc.)

### **Hospitality Kits**

We would like to provide a hospitality kit at each home where volunteers will be working throughout the week, approximately 50 kits. Please contact us if your organization is interested in providing any number of hospitality kits. The kits can consist of:

- bottled water or Gatorade or energy drink, etc

- hand soap and hand sanitizer
- toilet tissue
- paper towels
- trash bags
- snacks/treats (ex: hard candies, mints, nabs, etc.)

### **Paint Supply Kits**

We welcome organizations who are interested in collecting painting supplies. We are requesting the painting supplies listed below:

- disposable masks
- paint brushes: variety of sizes
- paint rollers
- paint roller covers
- paint trays
- paint scrapers
- rags
- drop cloths
- first aid kits (approximately 50)

**Please visit <http://www.nrcdc.com/group-cares.html> for additional information and to complete a volunteer application.**